



## **BREAKFAST ALL DAY**

**One or Two Eggs Any Style**

**Bacon, Sausage Link, Sausage Patty or Ham**

### **Omelets to Order**

Meats: Ham, Bacon or Sausage

Cheeses: Cheddar, Feta or Parmesan

Vegetables: Onion, Bell Peppers, Spinach & Mushrooms

### **The Villas Scramble**

Keilbasa Sausage, Bell Pepper, Onions, and Cheese

Topped with Chipotle Sour Cream

### **French Toast, Pancakes or Blueberry Pancakes**

with Warmed Maple Syrup

### **Oatmeal or Cream of Wheat**

Choice of Almonds, Pecans, Raisins, Cranberries, Brown Sugar & Warm Milk

**Corn Flakes, Cheerios, Honey Nut Cheerios,**

**Rice Krispies, Raisin Bran & Granola**

**Assorted Fresh Fruit**

## **APPETIZERS**

### **Crudité with Ranch Dressing**

An Assortment of Broccoli, Carrots, Cucumber, Snap Peas,  
Cauliflower & Cherry Tomatoes

**Shrimp Cocktail** (Available Sundays)

### **Bruschetta**

Fresh Tomatoes, Garlic, Fresh Basil, Olive Oil, and Red Onion Tossed Together  
and Served on Garlic Naan.

## **CHEF'S SPECIALS**

### **Shrimp Pomodoro**

Sautéed Shrimp with Fresh Garlic, Basil, Sweet Roma Tomato, Red Onion, and  
Olive Oil Served with Tender Penne Pasta. Topped with Fresh Parmesan Cheese.

### **Vegan Bowl**

Sautéed Onions, Seasonal Vegetables and Organic Tofu Sautéed with Teriyaki  
Sauce and Garnished with Green Onion

## **Drinks**

Coffee, Decaf Coffee, Assorted Hot Tea, Ice Tea, Hot Chocolate

**Juices** – Orange, Apple, Cranberry, POG, Tomato, Prune

**Vitamin Water** – Watermelon, Blueberry, Mango, Strawberry Kiwi

Assorted Soft Drinks, Beer & Wine



### **THE DELI BOARD**

Roast Turkey Breast, Black Forest Ham, Roast Beef, BLT  
Chicken Salad, Tuna Salad, Egg Salad

American, Cheddar, Pepper Jack, Provolone and Swiss.

Choice of Breads:

Whole Wheat, White, Sourdough, Marble Rye, English Muffin,  
Raisin Bread, Slider Rolls and Gluten-free Bread

Fresh Lettuce, Tomatoes, Onions and Dill Pickle Spears

Mayonnaise & Mustard

### **THE GRILL**

**Hamburgers, Turkey Burgers & Veggie Burgers & All Beef Hotdogs**  
on an Artisan Bun

Lettuce, Tomatoes, Onion, Dill Pickle Spears

Bacon & Cheese Available Upon Request

Served with French Fries, Potato Chips or Fruit

#### **Chicken Quesadilla**

Flour Tortilla with Grilled Chicken and Cheese.

Served with Pico de Gallo, Guacamole and Sour Cream

#### **Baja Fish Tacos**

Breaded White Fish Deep-Fried Until Golden Brown in Corn Tortillas with Shredded  
Cabbage Topped with Chipotle Sour Cream

Served with Chips, Pico de Gallo, Guacamole and Sour Cream

#### **Grilled Salmon**



Served with the starch and vegetable of the day

#### **Steamed Vegetables**



Broccoli, Carrots, Cauliflower, Green Beans

**SALADS** All Salads are Available with Grilled Chicken or Salmon

#### **The Villas Salad**



Spring Mix Lettuce, Roasted Golden Beets, Roasted Grape Tomatoes, Blackberries,  
Raspberries, Blueberries, Candied Pecans and Parmesan Cheese with Balsamic  
Vinaigrette Dressing.

#### **Caesar Salad**



Romaine Lettuce, Parmesan Cheese and Croutons Tossed with Caesar Dressing

#### **Asian Salad**

Napa Cabbage, Iceberg Lettuce, Shredded Carrots, Bell Peppers, Orange Supremes and  
Red Onion Tossed in a Toasted Sesame Dressing. Topped with Green Onion, Almonds  
and Crispy Wonton Strips

#### **Spinach Salad**

Baby Spinach, Feta Cheese, Bacon, Dried Cranberries, Mushrooms & Red Onions Tossed in a  
Poppy Seed Dressing



Heart Healthy



Diabetic Friendly – All Menu Items Can be Adapted for a Diabetic Diet